



**SATURDAY, JULY 13, 2019**

**LOUISVILLE**  
TURTLE TROT WALK-RUN

**RACE START TIME: 10AM**

**SAME-DAY REGISTRATION: 8:30AM**

PROCEEDS OF THE RACE GO TO  
LOUISVILLE VOLUNTEER FIRE  
DEPARTMENT

## COURSE DETAILS

WHALEN PARK  
RACE COURSE IS A 3.4 MILE  
FLAT, SCENIC ROUTE ALONG  
THE BEAUTIFUL ST. LAWRENCE  
RIVER



## AWARDS

1ST PLACE MEDALS  
MALE/ FEMALE PER AGE  
GROUP  
• 15 & UNDER; 16-29; 30-39; 40-  
49; 50-59; 60-69; 70+



## CIRCLE T-SHIRT

SIZE ADULT: S M L XL  
YOUTH: S M L

\*LIMITED # AND SIZES  
AVAILABLE. MUST REGISTER BY  
JUNE 15TH TO GAURANTEE T-  
SHIRT SIZE



## AMENITIES

- T-SHIRTS TO 1ST 125 PARTICIPANTS
- UNDERDOG RACE TIMING & FINISH LINE PHOTOS
- ANYONE OF LEGAL DRINKING AGE WILL RECEIVE AN IN-LAW BREWING PINT GLASS & 1 FREE DRINK TICKET. (SHOULD YOU CHOOSE TO PURCHASE ADDITIONAL BEER, 50% PROCEEDS GO TO LVFD)
- KANEB ORCHARDS CIDER DONUTS & SLUSHIES
- CHILD BOUNCE HOUSE PROVIDED BY MAPLE BREEZY FARMS
- DOOR PRIZES/ RAFFLE/ SILENT AUCTION
- TENNIS COURT, BASKETBALL COURT & PLAYGROUND
- KAYAK/ CANOE LAUNCH
- BATHROOM FACILITIES
- HEALTHY, LIGHT POST-RACE REFRESHMENTS



## ENTRY FEE

\$20 ADULT  
\$6 CHILDREN 11 & UNDER

## REGISTRATION



FILL OUT FORM (FRONT & BACK) AND  
MAIL CHECK TO: NANCY W.FOSTER  
4 BUTTERNUT RIDGE  
MASSENA, NY 13662  
MAKE CHECKS PAYABLE TO WILSON  
HILL ASSOCIATION



REGISTER & PAY ONLINE:  
[HTTPS://WWW.ITSYOURRACE.COM/EVENT.ASPX?ID=10643](https://www.itsyourrace.com/event.aspx?id=10643)



**IN-LAW**  
BREWING CO.

Chase Mills, St. Lawrence County, NY



# 2019 LOUISVILLE TURTLE TROT WALK- RUN

**Note: Due to liability issues, only registered runners - walkers may participate; substitutions are not permitted. The registration fee is not refundable.**

NAME: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_  
STREET ADDRESS: \_\_\_\_\_  
TOWN CITY: \_\_\_\_\_ ZIPCODE: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

I know that running or walking a road race is potentially a hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relating to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event including, but not limited to; falls, contact with other participants, effects of the weather, as well as traffic and the condition of the roads. I understand that this is not a closed course to automobiles or any recreational type vehicle. Having read the preceding and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf waive and release the Town of Louisville, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event through that liability may arise out of negligence on the part of the persons names and described in this waiver

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's signature if applicant is under 18: \_\_\_\_\_

**Questions please contact:**

Nancy W. Foster



315-764-1289



NLFOSTER@TWCNY.RR.COM



# LOUISVILLE Turtle Trot RUN WALK

Saturday, July 13th 2019



## WHALEN PARK

Just off of Whalen Road & Hwy 131

REGISTER AT:  
[www.itsyourrace.com](http://www.itsyourrace.com)

RACE START  
10:00AM

PROCEEDS  
BENEFIT  
LVFD

CRAFT BEER  
CIDER SLUSHIES  
CIDER DONUTS  
LIGHT SNACKS  
REFRESHMENTS  
& MORE

